

SPRING 2010 Bowness Club



Boys & Girls Clubs
of Calgary

Meet Our Staff!

Keli Cyr Program Coordinator
Frances Simms Sr. Programmer
Jonathan Caldwell Programmer
**Cathy Milloy, Shelby Jorgensen,
Angela Atwood, Carol Brandt** —
Ready, Set, Go! Staff

DATES TO REMEMBER!

March 15—Spring, Summer and Camp Adventure Registration Begins	April 12—Spring Programs Begin
March 17—Area Captain Applications Due	April 21—Stampede Applications Due
March 19—Last Day of Winter Programs	May 1—Annual Highway Clean Up
March 29-April 1—Spring Break Day Camps	June 13—Spruce Meadows Show Your Spirit Event
April 6-April 9—Spring Break Day Camps	June 18—Last Day of Spring Programs
	July 5—Summer Day Camps Begin

Did You Know?

*Our Mission Statement - To provide a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life.

*There are over 100 Boys and Girls Clubs across Canada!

*There are Eight Community Clubs in Calgary.

*Boys and Girls Clubs of Calgary now offers Licensed Out of School Care at Six Calgary Community Club Locations. Contact your local Club for more information.

*We are always looking for Youth and Adult volunteers to help with Club programs and events. We offer various types of involvement that require different time commitments, skills and experiences. If you are interested in getting involved please contact your local Club or e-mail volunteer@bgcc.ab.ca.

CLUB UPDATES

STAMPEDE WORK EXPERIENCE PROGRAM

Come join us to celebrate 38 years of work experience with the Boys and Girls Clubs of Calgary and the Calgary Stampede 2010. Club members who will be 12 and older before July 8, 2010 are eligible to apply for summer employment at the Calgary Stampede through the Boys and Girls Clubs of Calgary. Recruitment and Job Skills workshops are held at the Clubs to relay Stampede information and teach youth about the application process, resume writing and interview techniques. The youth will be able to apply these skills now and in any future job! Please contact Club staff for more information!

Important Stampede Application Deadlines:

Area Captain Applications are due to any of the Clubs by Wednesday March 17, 2010.

General Applications are due to any of the Clubs by Wednesday April 21, 2010.

SUMMER DAY CAMPS & CAMP ADVENTURE

Don't miss out on the amazing fun we are going to have this summer! Summer day camps will run July 5th until August 20th, from 9:00am to 3:30pm daily. Each week will have a variety of games, crafts and activities related to the theme of the week! Pre-care and post-care will be available if there is enough interest. The cost of summer day camps is \$65/week (members) and \$130/week (non-members) for 5-day weeks and \$55/\$110 respectively for 4-day weeks. Please check in at the club for an outline of weekly themes and specialty camps. For more information about Camp Adventure, including dates and costs, please check out our website. If you have any other questions, please contact Clubs staff. **Registration for Summer Day Camps and Camp Adventure will begin March 15.** Spaces for summer camps fill up quickly, so register early to ensure your spot.

ANNUAL HIGHWAY CLEAN UP—MAY 1

Each year, on the first Saturday in May, youth across the province take to the ditches to make Alberta's highways cleaner. This event raises over \$1,000 for the Club, but we need your help to do it! We are looking for groups of children age 9 and up to come out and make the highway sparkle, as well as adult volunteers to supervise and help out! Training, safety gear and snacks will be provided to all participants. Help the environment and help your club! Contact the staff to sign up.

SPRING REGISTRATION

Registration for Spring Programs, Camp Adventure, and Summer day camps begins on Monday March 15th at 9:00am. Families can either call in and register or stop by and talk to one of the staff at the club. Camp Adventure forms will also be available at the club starting March 15th.

PROGRAM UPDATES

Club Fundraising

Each year the Bowness Club is responsible for fundraising \$5000 through various initiatives. This money goes towards the daily operations of our club and programs.

You can help by:

- Donating bottle & cans
 - Helping out with special events Supporting Club Program Fundraisers
 - Encouraging your company to donate to Boys and Girls Clubs!
- LET'S REACH THIS GOAL TOGETHER!**

New Programs for Spring:

CIT/LIT

Are you interested in being involved in Camp Adventure or summer day camps and having a meaningful volunteer experience? Then you should sign up for the Leaders (L) and Counselors (C)-in-training program! This is a great opportunity for youth to gain valuable skills and earn high-school credits. Youth who are interested in working with children and youth are strongly encouraged to register.

New Programs for Spring (continued):

Ready, Set, Go! Preschool & Family Program—Now Accepting Registration for 2010-11 school year.

The Bowness Club also offers the Ready, Set, Go! Program for families with children aged 3-5. This multicultural family-centred program offers a play-based pre-school experience to children that enhances their social and emotional skill development, English language skills, and preparation for Kindergarten. Contact the club to register for Fall class start.

Licensed Out of School Care

Boys and Girls Clubs of Calgary will be offering Licensed Out of School Care at our 6 community clubs in 2010. Having these spaces available to your family will give you the opportunity to secure quality, reliable and affordable after school care for your child Monday – Friday after school. The clubs will even be offering care during school PD days. Support in applying for government subsidy to cover this cost of the \$310.00 monthly fee will be available from our

staff team. Please speak to club staff to sign your children up and to learn about the amazing benefits of Out of School Care.

Club Events

Spruce Meadows – Show Us Your Spirit Event – Sunday, June 13

Can you cheer really loud? Do you love coming to the club? Did you ever think that you would hear us asking you to “keep the volume up” or use your “outdoor voice”? If the answer to any of these is “YES” then you’re invited to join us at Spruce Meadows to cheer on a competition and enjoy a day of horse jumping. The bonus: the group that cheers the loudest can win \$10,000 for their agency!!! We hope that you’ll come, raise your voices and help us make some money for the club! Contact the club to sign up for this great event!



BOWNESS CLUB

We are on the web!

www.boysandgirlsclubsofcalgary.ca

CONTACT US AT:

36, 7930 Bowness Rd NW
Calgary, Alberta T3B 0H3

Phone: 403-571-0517

Fax: 403-571-0519



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STAFF AND VOLUNTEER NEWS

- Welcome to Keli, the new Bowness Club Coordinator! We are very excited to have her join our team. Make sure to drop by the Club and introduce yourself!
- We are also excited to welcome Carol, our new Family Services Worker to the Ready, Set, Go! Program. She will surely be an asset to the team, and is looking forward to meeting families at the Club.
- Did you know that you can earn high school credits by volunteering with Boys and Girls Clubs? Students can earn up to 15 credits through volunteering at the club. Check out the info above about the CIT/LIT Program for more info on youth volunteering opportunities
- The Club would like to say a huge “THANK YOU!!!” to all of the wonderful volunteers and families we have involved in our club and our programs. The ideas, passion, energy and time that you give to our programs is amazing and has made a huge impact in the quality of our programs and the experience of our members. Thank you.

Get a Taste of What's Cooking in Bowness!

The Bowness Club has put together a cookbook! Recipes have been submitted by club members and staff and include yummy eats like crab dip, Skor cake, scalloped potatoes, cabbage rolls – even homemade perogies! So whether you like to cook or just like to eat, this is the book for you! Cost is \$10 per book with all proceeds going towards the club.

PROGRAM SCHEDULE



Boys & Girls Clubs
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BOWNESS CLUB — Spring 2010

Time:	Mon	Tues	Wed	Thurs	Fri	Sat
Morning/ Lunch	Ready, Set, Go Ages 3-4 9:00am– 11:15am Sept– Jun	Ready, Set, Go Ages 3-4 9:00am– 11:15am Sept– Jun	Ready, Set, Go Ages 3-4 9:00am– 11:15am Sept– Jun	Ready, Set, Go Ages 3-4 9:00am– 11:15am Sept– Jun	Ready, Set, Go Ages 3-4 9:00am– 11:15am Sept– Jun	
Afternoon	Ready, Set, Go Ages 3-4 1:00pm– 3:15pm Sept– Jun Drop-In *Homework Help, *Kid Power, *Club.com Grades 1 – 6 4:00pm – 5:30pm Apr 12 – June. 14 Encore (Arts) 6 – 8 years 4:00pm – 5:30pm Apr 12– June. 14	Homework Help Grades 1 – 6 4:00 pm– 5:30pm Apr 13 – June. 15 Move, Shake & Drop (Dance) 13 and up 4:00pm - 5:00pm Apr 13 – June. 15 Jr. Chefs 9-12 4:00-7:00 Apr. 13-June 15	Ready, Set, Go Ages 3-4 1:00pm– 3:15pm Sept– Jun Homework Help Grades 1 – 6 4:00pm – 5:30pm Apr 14 – June. 16 Kid Fit 6-8 years 4:00 pm - 5:30pm Apr 14 – June. 16	Drop-In Ranchlands Pick Up *Homework Help, *Encore *Kid Power 6 - 12years 4:00pm – 5:30pm Apr 15 – June. 17 Parent Talk 1:00pm–3:00pm Kid Power (Terrace Road Elementary only) 6 – 8 years 3:15pm – 4:45pm Apr 15 – June. 17	Ready, Set, Go Ages 3-4 1:00pm– 3:15pm Sept– Jun Drop-In *Homework Help *Kid Fit 6–12years 4:00pm – 5:30pm Apr 16 – June. 18	
Evening	Great Escapes 9 – 12 years 6:30pm – 8:30pm Apr 12 – June. 14 Keystone (Renfrew) 15 – 19 years 6:30pm – 8:30pm Apr 12 – June. 14 Create & Connect Family Program 6:00pm — 8:00pm Apr. 12-June 14 LIT/CIT (Renfrew) 14 and up 6:30-8:30 Apr 12-June 14	Jr. Soccer 9 – 12 years 6:30pm – 8:30pm Apr 13 – June. 15 Hip/Hop & Jazz Dance 9-12 years 7:00 pm-8:00pm Apr 12 – June. 14 Yoga for Women Family Program 6:00pm–7:00pm Apr 13 – June. 15	360°- Girls (Teen girls group) 13 and up 6:30pm–8:30pm Apr 14 – June. 16	Drop-In Sr. Floor Hockey 13 and up 6:30pm – 8:30pm Apr 15 – June. 17 Around The World 9-12 6:30pm – 8:30pm Apr 15 – June. 17		Teen Drop In 13 – up years 6:30pm – 9:30pm Apr 17 – June. 19