



Boys & Girls Clubs of Calgary

BOWNESS CLUB

Spring Block (A) - 2018
Program Schedule
April 8– May 10, 2019

7930 Bowness Rd NW
Calgary, AB
T3B 0H3

Please ensure your child
comes dressed for the
weather.

This is a NUT – FREE facility

Time :	Mon	Tues	Wed	Thurs	Fri
Half-Day Programs 12:00—3:00					Early Dismissal Offsite (Gr 1-6)
Afternoon 3:00— 5:15 Snack is provided.	Look At Me! (Gr 1-2) Paint Party (Gr 1-2) Arts n' Crafts (Gr 3-4) Sports Of All Sorts (Gr 5-6)	Larger Than Life (Gr 1-2) Art Journal (Gr 3-4) History Detectives (Gr 3-4) Movie Critics (Gr 5-6)	Lego Creations (Gr 1-2) Run, Skip, Jump (Gr 3-4) Nature Ninjas (Gr 3-4) Creation Station (Gr 5-6)	Animal Pals (Gr 1-2) Art Attack (Gr 1-2) Bowness Book of Records (Gr 3-4) Paint Party (Gr 5-6)	Fun Friday (Gr 1-6)
Evening 6:30-8:00 Unless otherwise noted.		Glee	Triple F (Family, Fun & Food)		

To register for programs please book an appointment by calling the club at 403-571-0517 starting at 6:00 pm on March 21, 2019.
Please leave a message with your name, child's name, and a contact number to call you back on.
Messages will be returned starting *Friday, March 22.*



Program Descriptions

<p>Sports Of All Sorts– In this program participants will focus on keeping kids active. Kids will have an opportunity to play and learn a variety of different games and sports.</p>	<p>Glee: This program will give the participant an opportunity to further develop their singing skills. Participants will have the choice to prepare and perform a piece for a panel of judges and to receive constructive feedback to improve their skills. Participants will perform in a show-case finale in June.</p>	<p>Triple F: This evening is all about families coming together to connect and spend quality time together over good food. Potluck dinners will be hosted by the Club; families bring either a salad or a dessert each week. The rest of the evening will be spent playing games, watching movies and spending time together in community.</p>
<p>Early Dismissal: is a fun escape into all the areas where adventures can happen. Between the field trips to library's, museums, parks and exploring the Penbrooke neighborhood, there is an adventure to be found by every child! The afternoon is ours for the exploring!</p>	<p>History Detectives: Members will have a chance to learn about different cultures in the past and how such cultures evolved into the present. Members will be crafting as they will attempt to re-create old artifacts.</p>	<p>Fun Fridays: This program will allow members to choose between a variety of stations of fun activities. These activities may include: sports, dance, drama, arts, craft, cooking and baking</p>
<p>Arts 'n Crafts: This program will allow members to explore their inner Picasso. Members will participate in making a variety of arts and crafts.</p>	<p>Creation Station: Members will explore their creative side as they participate in various craft activities.</p>	<p>Paint Party- an interactive step by step paint class in which participants will create masterpieces to hang on their walls with pride.</p>
<p>Larger Than Life: This program is all about local architectural feats and larger-than-life destinations within Calgary. Members will get to learn about and replicate the Calgary Tower and the Peace Bridge, and visit the big hills at COP and Edworthy Park.</p>	<p>Art Attack: This program will allow members to explore their inner artist as they will learn different styles and types of art.</p>	<p>Run, Skip, Jump:Participants in this program will be able use their energy to play games and have fun in the gym! A great program to master the basics of physical literacy.</p>
<p>Nature Ninjas: Get your green on with this nature-based program. Members will visit local parks, spend time in nature, and learn how to reduce, reuse, recycle each and every day.</p>	<p>Art Journal: Kids will get to design a journal filled with a different page every week. We will talk about productivity and time management, how to write about and process some feelings, practice fun doodles and additions to make each page look nice. At the end of the program</p>	<p>Early Dismissal: This program is available for students from Belvedere Parkway and Bowcroft Schools only</p>
<p>Animal Pals: All about animals! This program will explore the animal kingdom.</p>	<p>Bowness Book Of Records: This program will reopen the fabled "Bowness Book of Records," which has chronicled the feats of club members for years. Participants will have the chance to break records including "Most Consecutive Jumping-jacks" and "Longest Time Spent in Complete Silence."</p>	<p>Lego Creations: Kids will have the chance to get creative with Lego!</p>
<p>Look At Me! Participants of this program will get to the chance to show everyone what makes them special! Talk about your favorite toy or keepsake, wear your favorite clothes, and show off your special skills and talents.</p>	<p>Movie Critics: Members of this program will get the chance to discover their inner film critic. By watching films that include our most beloved stories and characters, we will learn what makes one film good, and what makes another film so very, very bad.</p>	

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