

# March Calendar BYC @ Genesis Centre

Building Youth Connections afterschool programs are free for youth ages 12-24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Netflix & Lunch 12:15 pm —12:50 pm  Games & Art 4:00 pm—5:30 pm  BYC Lounge 5:30 pm - 7:00 pm	3 Earn a Bike 4:00 pm—6:00 pm  BYC Lounge 6:00 pm—7:00 pm	4 Netflix & Lunch 12:15 pm —12:50 pm  Sr. Soccer 4:00 pm—6:00 pm  BYC Lounge 5:30 pm - 7:00 pm	5 Jr. Soccer 4:00 pm— 5:30 pm  Employment Support 4:00 pm—5:00 pm  Volunteer Club 5:00 pm -7:00 pm	6 <b>Youth Event</b> 2:30 pm—6:30 pm	7 <b>Stampede Info Session</b> 3:00 pm—5:30 pm
8	9 Netflix & Lunch 12:15 pm —12:50 pm  Games & Art 4:00 pm—5:30 pm  BYC Lounge 5:30 pm - 7:00 pm	10 Earn a Bike 4:00 pm—6:00 pm  BYC Lounge 6:00 pm—7:00 pm	11 Netflix & Lunch 12:15 pm —12:50 pm  Sr. Soccer 4:00 pm—6:00 pm  BYC Lounge 5:30 pm - 7:00 pm	12 Jr. Soccer 4:00 pm— 5:30 pm  Employment Support 4:00 pm—5:00 pm  Volunteer Club 5:00 pm -7:00 pm	13 Basketball 2:30 pm—4:00 pm  BYC Lounge 4:00 pm—7:00 pm	14
15	16 Netflix & Lunch 12:15 pm —12:50 pm  Games & Art 4:00 pm—5:30 pm  BYC Lounge 5:30 pm - 7:00 pm	17 Basketball 4:30 pm—6:00 pm  BYC Lounge 6:00 pm—7:00 pm	18 Netflix & Lunch 12:15 pm —12:50 pm  Sr. Soccer 4:00 pm—6:00 pm  BYC Lounge 5:30 pm - 7:00 pm	19 Jr. Soccer 4:00 pm— 5:30 pm  BYC Lounge 6:00 pm—7:00 pm	20 <b>Rec Room</b> 10:00 am—2:00 pm	21
22	23 Netflix & Lunch 12:15 pm —12:50 pm  Games & Art 4:00 pm—5:30 pm  BYC Lounge 5:30 pm - 7:00 pm	24 Basketball 4:30 pm—6:00 pm  BYC Lounge 6:00 pm—7:00 pm	25 Netflix & Lunch 12:15 pm —12:50 pm  Sr. Soccer 4:00 pm—6:00 pm  BYC Lounge 5:30 pm - 7:00 pm	26 Jr. Soccer 4:00 pm— 5:30 pm  BYC Lounge 6:00 pm—7:00 pm	27 Cook 'N' Learn 5:00 pm—6:30 pm  BYC Lounge 6:30 pm—7:00 pm	28
29	30 Netflix & Lunch 12:15 pm —12:50 pm  Games & Art 4:00 pm—5:30 pm  BYC Lounge 5:30 pm - 7:00 pm	31 Basketball 4:30 pm—6:00 pm  BYC Lounge 6:00 pm—7:00 pm	Registration Required. Field Trips, Cook 'N' Learn, & Employment support .  For more information and to sign up. Email: <a href="mailto:smehari@bgcc.ab.ca">smehari@bgcc.ab.ca</a> Call/text: 403-970-5187. Instagram/Facebook: <a href="https://www.instagram.com/buildingyouthconnections">@buildingyouthconnections</a>			

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Boys & Girls Clubs of Calgary

# BYC Program Descriptions



**Sr. High Soccer:** A drop in recreation program for all youth. The program focuses being inclusive of youth of all skill levels and often begins with ice breakers, skill building, and mini games that focus on building positive relationships with peers. The program ends with a big game being played with all the players.

**Jr. High Soccer:** A drop in recreation program for all youth. The program focuses being inclusive of youth of all skill levels and often begins with ice breakers, skill building, and mini games that focus on building positive relationships with peers. The program ends with a big game being played with all the players.

**Basketball:** A drop in recreation program for all youth. The program focuses being inclusive of youth of all skill levels and often begins with ice breakers, skill building, and mini games that focus on building positive relationships with peers. The program ends with a big game being played with all the players.

**Games and Art:** A space where youth can come and enjoy a night of video/board games and art.

**Netflix & Lunch:** A space where youth can come to on their lunch break to watch Netflix and eat their own lunch with us.

**BYC Lounge:** Open office hours where youth can stop by and always have an adult available to assist them with any additional needs.

## **\*\*Advance Registration required**

**\*\*Volunteer Club:** A Program for youth ages 12-24 to volunteer their time engaging within the community. As well as learning valuable experiences.

**\*\*Employment Support:** This will be an appointment based program assisting youth with their employment needs. To register email [youthemployment@bgcc.ab.ca](mailto:youthemployment@bgcc.ab.ca) or DM our Instagram, @BGCCYouthEmployment to book times!

**\*\*Cook-n-Learn:** Join in and prepare a meal that will be eaten together! All dishes will be prepared with Halal meat or vegetarian.

**\*\* Earn a bike:** The Earn-a-Bike Program is a free Calgary Afterschool Program, which uses the bike as a tool for youth development. Through intentional, structured programming, we create an environment that allows for the exploration of identity and understanding of others.

**\*\* Youth Event:** A youth mental health forum where they can learn the “5 Golden Rules” about supporting a friend struggling with their mental health.

**\*\* Stampede info session:** Stampede season is approaching so our employment team will be visiting us to provide youth with information on how to work at stampede this summer!

**\*\* Rec Room:** A field trip where we will take our youth to the rec room for a day of fun!