

Welcome to Ready, Set, Go! Preschool

Ready, Set, Go! (RSG) is a play-based, emergent curriculum preschool designed for children ages 3-5. Our teachers are excited to have your child in the class! It is our hope that each child will have fun while learning and growing, whether they are experiencing preschool for the first time, or getting ready for kindergarten.

The program goals at Ready Set Go! are:

- ✓ To encourage learning through play
- ✓ To offer children choices within a safe classroom environment
- ✓ To encourage self-esteem, intellectual, physical, and emotional growth and social development, creativity, independence and good communication skills
- ✓ To prepare your child for kindergarten and success in school with the help of YOU, the parent, and their most important teacher

RSG is a play based pre-school, and hence children will be involved in a great deal of both indoor and outdoor play. Numerous studies have shown that “regular interaction with nature is a protective factor: children who learn and play regularly in nature have lower incidence of negative issues such as aggressive behavior and lack of self-control (both indicators of poorer outcomes at school) and have better overall mental and physical health and improved learning outcomes” (Back to Nature Network, 2012).

RSG helps each child to be the best that they can be. Our program will offer your child a safe and stimulating learning experience. Your child will have fun learning in a variety of ways – through play and exploration, through books and sensory experiences, and through listening and creating. Each day will provide opportunities for new experiences!

Play Centres and Early Development

At RSG your child will be exposed to a variety of play centers and a daily routine. Each center fosters growth in a variety of developmental areas. **We welcome you to visit our classroom to understand more about our play-based philosophy!**

At the Dramatic Play Center, your child will:

- ★ Expand their imagination
- ★ Experience other perspectives and roles
- ★ Expand thinking and wondering
- ★ Build friendships
- ★ Improve conversational skills

At the Art Center, your child will:

- ★ Expand their creativity
- ★ Strengthen fine motor skills
- ★ Explore tools and materials
- ★ Express themselves

At the Building and Manipulatives center, your child will:

- ★ Strengthen fine motor skills
- ★ Strengthen their focus
- ★ Expand their imagination
- ★ Think outside the box
- ★ Work together with other children

At the Sensory Bins, your child will:

- ★ Learn to take turns
- ★ Regulate emotions
- ★ Explore different textures and sensations

At Gym Time, your child will:

- ★ Exercise
- ★ Practice turn taking and team work
- ★ Strengthen locomotor and stationary skills
- ★ Learn to follow rules and directions

At Circle Time, your child will:

- ★ Increase their attention span
- ★ Take turns speaking in a group
- ★ Practice conversation skills
- ★ Practice thinking and sorting
- ★ Explore academics

In the Quiet Space, your child will:

- ★ Learn self-regulation techniques
- ★ Have a quiet and calm space to take time alone

What We Believe

- ✓ We believe children have the right to feel happy, safe and secure
- ✓ We believe all children are different and have individual learning needs
- ✓ We believe children learn best through play
- ✓ We believe children are able to expand their thinking skills, to play socially, and to regulate their feelings
- ✓ We believe children have the right to give and receive affection and attention
- ✓ We believe you are your child's first and most important teacher

At Ready, Set Go! all employees are trained professionals, who adhere to agency wide mandatory trainings and professional development. Every staff member must have the following certification:

- Bachelor of Education or Early Childhood Diploma (Lead Teachers)
- Certification as a Child Development Supervisor, Worker, or Assistant
- A clear Criminal Record Check and clear Child Welfare Intervention Check
- First Aid and CPR level C
- Therapeutic Crisis Intervention training
- Tattered Teddies
- Indigenous Awareness training
- Diversity training
- Universal Precautions and Medication administration training
- Safe Food Handling

RSG employees also receive regular trainings and reviews on Early Brain Development, Mental Health First Aid, Little Warriors, Developmental Relationships and numerous other trainings as deemed necessary to ensure children and families receive consistent and meaningful services through Boys and Girls Clubs of Calgary.

Ready, Set, Go! Preschool also works with the Kin-Dir Education Foundation, to provide supports for the children in our program who are experiencing learning challenges and developmental delays. The Kin-Dir Team consists of a Physical Therapist, Occupational Therapist, Speech Pathologist, and a Behavioral Psychologist who can provide support and in-house therapy to these children.